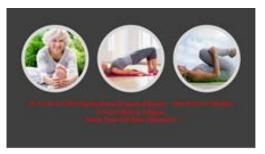
Joint Chinese College Alumni Association 美南大專院校聯合校友會風雅集

2022 Spring Zoom Class Registration Click Here to Register: <u>https://forms.gle/RUJiv9M3o3scPtAC8</u>







Senior Yoga and Body Alignments February – March Every Monday at 3p.m. 2/7/22-3/28/22 Limited to thirty-six members

Instructor: Carol Datta

Dance Exercise101 & Advance Class February – March Every Thursday at 3:00p.m. 2/3/22-3/31/22 Instructor: Aileen Don

Leisure Learning -生活園地 Cooking Class, 生活 DIY 以及各類講座

February – March Every Wednesday at 3:00p.m. 2/2/22 -3/20/22

February - March Every Wednesday Leisure Learning Program			
Date	Daily Talk 3:00pm	Cooking 3:30pm	Leisure Learning 4:00p.m.
02/02/22	Introduction	台灣小吃系列 - 彰化肉圓	果樹選擇、接種及栽培
02/09/22	COVID Health update	台灣小吃系列 - 碗粿	氣功原理、實踐、保養及療愈
02/16/22	生活小妙招	洛神花醬果凍蜜餞及飲品	Trust & Will
02/23/22	How to prepare compost	花生及草莓冰棒	East Africa Safari
03/02/22	How to deal with spam calls	How to cook a perfect steak	A Crash Course for Joint Pain, Hip and Knee Arthritis
03/09/22	Solar Panel -Save Electricity Bill	Authentic Indian Cooking	Health Concerns for Seniors
03/16/22	Field Trip - Visiting a Garden Master's Home & get Free Seeds for Your Garden		
03/23/22	Steam Cleaner	四季豆包子	The world of UFO - unidentified flying object
03/30/22	Best Fine dining Restaurants	雞肉炊飯 & 四角飯糰	Practical Investment strategies

Spring Class Registration Deadline:Saturday January 29, 20222022 New members Registration:Register online2022 Renewal Registration:https://forms.gle/N16Ved7RSoysZxqo62022 Renewal Registration:Register onlinehttps://forms.gle/BGRJwGowivZLV25L7

FOR MORE INFORMATION or REGISTER for KICK-OFF: <u>llc@jccaa.org</u>

Wendy Lam 謝家鳳 281-224-0704, Carol Datta 周芝陽 713-898-9892, Aileen Don 鄧嘉陵 832-526-7373